

| Women's | Name | Time | Year |
|-------------------|-------------------------------------------------|-------------|-------------|
| 100m | Bloom, E. | 12.54c | 2008 |
| | Conway, M. | | 1989 |
| 200m | Jones, L. | 25.74c | 1984 |
| 400m | Goldkamp, A. | 59.34c | 1994 |
| 800m | Perini, K. | 2:15.84c | 1984 |
| 1500m | Perini, K. | 4:35.34c | 1984 |
| 3000m | Perini, K. | 9:55.34c | 1984 |
| 100m High Hurdles | Millet, W. | 15.44c | 1986 |
| 300 IM Hurdles | Reid, J. | 47.22FAT | 2008 |
| 400m Relay | B. Keefe, E. Wosornu, Y. Wosornu, E. Wendell | 50.14c | 1996 |
| 1600m Relay | K. Nimmo, O. Irving, S. Hart, S. Barkowski | 4:08.37 FAT | 2008 |

| Women's | Name | Mark | Year |
|----------------|--------------|-------------|-------------|
| Shot Put | LeMelle, T. | 34' 9.00" | 2005 |
| Discus | Symmonds, E. | 109' 5.00" | 1997 |
| Javelin | Simmonds, T. | 118' 10.00" | 1986 |
| Long Jump | deLima, J. | 17' 6.50" | 1986 |
| Triple Jump | Wosornu, Y. | 35' 6.75" | 1996 |
| High Jump | Rhodes, L. | 5' 3.00" | 1986 |
| Pole Vault | Carroll, B. | 10' 9.00" | 2005 |