



MILTON ACADEMY
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2019-2020

Standardized Testing

for

College

Milton's advice about:

What tests to take...

When to take them...

by: The College Counseling Office

Standardized Testing for College

The Milton Academy College Counseling Office strongly encourages all students and parents to use this guide to help understand testing requirements for college admission and to plan ahead. Standardized testing is an important factor in admission decisions at most colleges and universities. A few institutions have downplayed the importance of scores, and some have eliminated testing requirements entirely (for a list of test optional colleges, go to fairtest.org), but those institutions are in the minority. At most colleges, standardized testing still matters.

At Milton Academy, we have found that students who plan carefully and familiarize themselves with the test format through use of practice materials are usually able to attain scores which accurately reflect their school performance. When difficulties with scores arise, the College Counseling Office is prepared to help individual students find appropriate resources for assistance.

We want our students to understand the testing requirements and, just as importantly, to keep testing in perspective. *A student's academic performance is more important than test scores, both in terms of acquiring a first-rate education and in terms of enhancing their chances for admission to selective institutions.*

1. SAT

The SAT contains three sections:

EVIDENCE-BASED READING AND WRITING

- Topics include command of evidence; words in context; analysis in history/social studies and in science; expression of ideas; standard English conventions.

MATH

- The three areas of focus are: heart of algebra, problem solving and data analysis, passport to advanced math. The math test also draws on geometry and trigonometry.

OPTIONAL ESSAY (*We strongly encourage students to take this*)

- Categories addressed are reading, analysis, and writing

For fuller descriptions visit: collegereadiness.collegeboard.org

Students generally take the SAT once or twice in their Class II year, and/or once or twice in the fall of their Class I year. The total number of times a student takes the test depends upon the student's level of satisfaction with the scores. In a typical

Milton class, a few students will take this test only once, most will take it twice, and a smaller number will take it three times. *No one should take the test more than three times.* (Studies show that the law of diminishing returns kicks in significantly after the second round of testing.) Many colleges allow Score Choice; some colleges require students to submit all their scores. All focus on a student's best subscores, even if they are achieved on different testing days. It will be important to review the requirements for each individual college. (See the section below on "Score Choice.")

In addition to the SAT, students may need to take Subject Tests by the time they apply to college. (See the definition of Subject Tests in the glossary.) Not all colleges require Subject Tests; some strongly recommend them; many neither require nor recommend them. (To verify if a school requires and/or recommends Subject Tests, always check the college/university's website.) "Recommend" can sometimes be hard to decipher. Some college say "recommend" but then have an expectation that a student coming from a well-resourced school like Milton will take the test. Please check with your college counselor if in doubt.

Decisions about which Subject Tests to take are complicated because the tests are largely curriculum-driven and because circumstances will be different for each student. Further confusion arises because there are many different tests to choose from, and some of these tests are best taken early in one's high school career, long before most students are thinking about college plans. For example, a strong chemistry student could take the Chemistry Subject Test after finishing the course.

There are some colleges (usually STEM-focused institutions) that have very specific Subject Test requirements; students are responsible for researching these requirements during their college search. A rule of thumb: *If you are in a position to do well on a standardized test, take it;* it never hurts to have a strong test score.

SCORE CHOICE

The College Board has a policy, Score Choice, that gives students the freedom to send colleges and universities the scores (by test date for the SAT and by individual test for Subject Tests) that they feel best represent their ability, at no additional cost.

This score-reporting feature is optional to students. If a student chooses not to use score choice, all scores will be sent. Again, it is important to note the policy of each college.

2. ACT

ACT, which stands for American College Testing, combines elements of aptitude and achievement tests in a single instrument. All colleges accept the ACT in place of the SAT.

Students generally take the ACT once or twice in their Class II year and/or once or

twice in the fall of their Class I year.

The ACT is a popular alternative to the SAT for Milton students, at minimum providing a helpful basis of comparison, and at best providing the scores the student will eventually submit. We strongly encourage students having difficulty with Subject Tests or with the SAT to consider taking the ACT. One caveat: *Students should make sure to familiarize themselves with the Science Reasoning section of the ACT before taking the test.* In general, it would be wise to do some practices ACT's. The materials is not necessarily that challenging but there is a lot of it. So student need practice tests to figure out how to pace themselves.

An optional 40-minute Writing Test is available as a component of the ACT. We strongly encourage students to take the optional writing component, as it is required by many colleges.

3. Non-Standard Testing

Non-standard testing is helpful to those who have a diagnosed and properly documented learning difference or physical disability. The College Board and ACT offer accommodations for those who qualify. Students who believe they qualify for such testing should meet with the director of the Academic Skills Center for specific information about registration and testing plans. *(Please be aware that requests for testing accommodations can take significant time to process. Do not wait until the last minute to make a request.)*

4. Specific Advice for Class IV

- Most Class IV students will take no standardized testing.
- The few who might be ready for standardized testing are those completing a level 4 language class (Spanish 4, Latin 4, etc.) and those advanced in math (having completed Algebra I, Algebra II, and Geometry by the end of Class IV). These students should consider taking Subject Tests in Latin, Spanish, French, or Math Level 1 in June 2020. (Keep in mind that the listening test for languages is offered only in November of each year.)
- Classroom teachers and advisors can help students make good decisions about which tests to take. Students seeking additional advice should contact one of the college counselors. Remember that, although the Score Choice policy is in place, some colleges may require you to submit all scores. *So, do not take a Subject Test unless you have a good chance of doing well.*
- Students are responsible for their own registration. We recommend that students register online at collegeboard.org as soon as possible so that they can secure their first-choice test site.

5. Specific Advice for Class III

- A number of Class III students will be prepared to take one or more Subject Tests in June 2020. Up to three Subject Tests may be taken on any one test date. Subject Tests most frequently taken by Class III students include: Math Level 1, Spanish, French, Latin, and Chemistry. (Keep in mind that the listening test for languages is offered only in November of each year and that completion of a level 4 language class is generally considered necessary preparation for a language subject test.)
- Classroom teachers can help students make good decisions about which tests to take. Students seeking additional advice should contact one of the college counselors. Remember that, although the Score Choice policy is in place, some colleges may require you to submit all scores. *So, do not take a Subject Test unless you have a good chance of doing well.*
- Students are responsible for their own registration. We recommend that students register online at collegeboard.org as soon as possible so that they can secure their first-choice test site.

6. Specific Advice for Class II

- Class II students will have the option to take the PSAT on Saturday, October 19, 2019. The Studies Office will send more details about taking the PSAT next fall. It is neither necessary nor advisable to study for the PSAT: It is a preliminary or practice test and the results of this test are not reported to colleges. The PSAT serves two purposes:
 - a) to allow students a practice experience before taking the SAT, and
 - b) to allow high scorers to compete in the National Merit Scholarship competition.
- Many Class II students will take the SAT in March or May 2020 and/or the ACT in April, 2020. Each student should plan ahead to determine which date works best. Some students will decide to take the SAT on both of these dates. Students are responsible for their own registration. We recommend that students register online at collegeboard.org as soon as possible so that they can secure their first-choice test site. Remember that, although a Score Choice policy exists, some colleges may require students to submit all scores.
- Students who are unable to use the March SAT date but who wish to have an official set of test results in hand while formulating initial college lists with the College Counseling Office in the spring, should consider taking the February and/or April ACT.
- Many Class II students will also take Subject Tests during the year. While some Class II students will be ready to take Subject Tests in the fall (Math Level 1 or a foreign language test), most students will take Subject Tests in

the spring, most likely in May or June 2020. The tests most often taken include Spanish, French, Latin, Math Level 1, Math Level 2, and Literature. Students should seek advice from classroom teachers, and/or one of the college counselors about which tests to take. We recommend that students register online at collegeboard.org as soon as possible so that they can secure their first-choice test site. Remember that, although a Score Choice policy is in place, some colleges may require you to submit all scores. *So, do not take a Subject Test unless you have a good chance of doing well.*

- Students interested in Subject Tests in foreign languages should be aware of two options. One is the listening test (in French, Spanish, Chinese, etc.) which is offered only in November of each year. The regular reading version of some of the language tests is given all other test days except Latin (offered only in December and June). Students interested in taking any Subject Tests in foreign languages should check the SAT website, collegeboard.org. *Students who are considering taking a Subject Test in foreign language should discuss their decision with their language teachers. Completion of level 4 is strongly recommended.*
- Only a few courses at Milton follow the AP curriculum for AP exams, which occur in May. Teachers will discuss these with students in the appropriate courses. In recent years Class II students have taken AP exams, primarily in English Literature, English Language, French, Latin, and Calculus. AP exams are offered in other subjects as well. These exams are optional for college admissions. Students must sign up in the Studies Office before spring break. (See section 8 on AP exams for more information about the tests.)
- If English is a second language, the student may need to take the TOEFL (Test of English as a Foreign Language). It is the student's responsibility to research this requirement for the schools to which the student is applying.
- Students are responsible for their own registration for the SAT and ACT. We recommend that students register online at collegeboard.org or www.actstudent.org as soon as possible so that they can secure their first-choice test site.

7. Specific Advice for Class I

- Many Class I students will retake the SAT in August, October, November, or December. The August and October scores will be processed and will most likely be available to the colleges in time for early applications. Historically, the November scores have also been available in time for the early deadlines at all but a few colleges, notably state schools. However, seniors should not count on the November scores being available for early applications; they should double-check the policies of the college(s) to which they are applying.
- An equally large number of seniors will opt to take the ACT in the summer and/or fall. Students can take the ACT in July, September, October, and/or

December. (N.B. The December test will not be available in time to be used with early applications.)

- Students who are interested in taking a foreign language test in the fall should be aware that only the listening version of the language tests will be given in November. The listening tests are not given at all test centers. The reading version of some of these tests will be given on other test dates; students interested in taking Subject Tests in foreign languages should check the SAT website, collegeboard.org.

8. Departmental Guidelines for the SAT Subject Tests

CLASSICS

Students in Latin 3 or 2/3 are usually prepared to take the SAT Subject Test in Latin at the June test date of the year in which they complete level 3 or 2/3. Students continuing their study of Latin beyond level 3 may take the SAT Subject Test in Latin on any December or June test date that is convenient for them. Teachers in the Classics Department offer advice about taking the SAT Subject Test in Latin to individual students upon request.

ENGLISH

The Milton English curriculum emphasizes the richness, complexity, and ambiguity of literature. Students used to class discussion and essay writing may find the one-correct-answer format of the SAT Subject Test in Literature to be reductionistic. In addition, some of the literary terms used on the test may be unfamiliar. We suggest that you consult one of the many preparation books and take a couple of practice tests before undertaking the real thing.

MODERN LANGUAGES

Students who are doing well at the level 4 of a language are usually prepared to take the SAT Subject Test in that language. The department advises students to consult their teachers in order to decide which of the two Subject Tests (regular Subject Test or Subject Test with Listening) is appropriate.

N.B. Students should not take the Chinese or Korean SAT Subject Test unless they are native speakers or truly fluent. Because so many native speakers take these two tests, the curve is very steep.

HISTORY

With its conceptual approach to history and its strong emphasis on analytical

writing, the history department does not prepare students for the more fact-driven, multiple-choice format of the SAT Subject Tests in history. In the past, some students have taken a test in history and done well, but usually they have tended to be history buffs who have done significant extra work on their own. Students considering the SAT Subject Test in history should take a couple of practice tests to make sure they are comfortable with the format and the content areas.

MATH

There are two different SAT Subject Tests in math: Math Level 1 and Math Level 2. The following general topics covered on each exam are listed below.

Math Level 1	
Numbers and Operations	10%-14%
Algebra and Functions	38%-42%
Geometry & Measurement	38%-42%
Plane Euclidean	18%-22%
Coordinate Geometry	8%-12%
Trigonometry	6%-8%
3 Dimensional Geometry	4%-6%
Statistics/Probability/Data Analysis	8%-12%

Math Level 2	
Numbers and Operations	10%-14%
Algebra and Functions	48%-52%
Geometry & Measurement	28%-32%
Trigonometry	12%-16%
Coordinate Geometry	10%-14%
3 Dimensional Geometry	4%-6%
Statistics/Probability/Data Analysis	8%-12%

Some students will choose to take only one of these tests, and strong math students will often choose to take both tests or just the Level 2. Since the SAT Subject Tests are curriculum-based, the mathematics department recommends that students review thoroughly before taking either of these exams. We suggest that all students read the free study materials published by The College Board. For further study we recommend purchasing *The Official Study Guide for all SAT Subject Tests (TM) Second Edition* published by The College Board; other test prep books are widely available in bookstores and online.

To help students decide which test to take and when to take it, the mathematics department offers the following general advice:

1. Students could take the Math Level 1 test in June after completing Algebra II and Geometry.
2. Students who are currently taking Precalculus (Honors) could take the Math Level 2 test in June.
3. Students who are currently taking Regular Precalculus could take one of the tests in June, and each student should talk with the teacher about which test would be more appropriate.
4. Students who are taking Calculus (Honors) or Calculus (Accelerated), and who have not yet taken the Math Level 2 test, should strongly consider taking that test.

5. Students who are taking Regular Calculus, and who have not taken a Subject Test in math, could take either test. Each student should speak with the teacher to determine which test might be most appropriate.

SCIENCE

BIOLOGY

Biology and Biology (Honors) do not specifically prepare students for the Subject Test. However, much of the material covered on the Biology–M (Molecular) Subject Test will be covered in class. (Please note that, for those taking Environmental Science, the Biology–E (Ecological) Subject Test might be more appropriate.) If students are willing to do some work outside of the classroom, they could be prepared to take this test. Students should contact their Biology teachers about getting help with this process.

CHEMISTRY

Both Chemistry and Chemistry (Honors) prepare students for the majority of the material on the Chemistry Subject Test, but students will need to approach their teachers to make sure they know what they need to review for the test. Teachers will do some review in the weeks right before the June test.

PHYSICS

Class IV Physics will not prepare students for the Physics Subject Test, but Physics for Classes III, II, or I will. Students should speak with their physics teachers directly about taking this test.

8. AP Exams

Advanced Placement exams are given in May of each school year, according to a nationally-determined test calendar. The designated purpose of AP exams is to provide opportunities for students to gain college credit or advanced placement in college courses. AP exams are not required or necessary for college admissions purposes at many colleges and universities but can be essential for admission at some public state universities and most if not all UK universities. High scores on these tests can demonstrate excellence in particular subjects. APs are scored on a scale of 1-5, with 5 being the highest score.

Students should consult with their teachers about whether taking the AP exam in their subjects is appropriate. Teachers can guide individual students who seek advice in making a decision. Most AP exams at Milton are taken by Class II students. The Studies Office will send out instructions for registering for AP's in the fall.

9. Test Preparation

Practice can improve scores. Students should read thoroughly the test preparation materials available on the College Board website. These materials are full of helpful information and advice. For study guides to Subject Tests, we recommend *The Official Study Guide for All SAT Subject Tests (TM) Second Edition*, published by The College Board.

Milton administers a full ACT practice test in March for Class III so that each student can get a feel for the test. Analysis of the detailed test report can help students understand where they can improve.

Students trying to choose between the SAT and the ACT should do a practice of both in Method Test Prep, the online test prep site that Milton makes available free to its students. Login for Method is a two-step process. The first step will involve going to the Method site at <http://app.methodtestprep.com/MiltonAcademy/signup>. Next you can set up your own account using a referral code which you can obtain from Mrs. Dunnington in the College Counseling Office.

Students can also practice the SAT through Khan Academy; there is a link for that service on the College Board website.

Students who need additional help with test preparation should consult with the College Counseling Office for a list of programs or tutors that previous students have found helpful.

10. Test Dates and Registration

THE TESTING SCHEDULE FOR 2019-2020 IS AS FOLLOWS:

Test Date	Test Given	Registration Deadline	Late Registration Deadline
07/13/2019	ACT	06/14/19	06/24/19
08/24/19	SAT & Subject Tests	07/26/19	08/13/19
09/14/19	ACT	08/16/19	08/30/19
10/05/19	SAT & Subject Tests	09/06/19	09/24/19
10/26/19	ACT	09/20/19	10/04/19
11/02/19	SAT & Subject Tests	10/03/19	10/22/19
12/07/19	SAT & Subject Tests	11/08/19	11/26/19
12/14/19	ACT	11/08/19	11/22/19
02/08/20	ACT	01/10/20	01/17/20

03/14/20	SAT	02/14/20	03/03/20
04/04/20	ACT	02/28/20	03/13/20
05/02/20	SAT & Subject Tests	04/03/20	04/21/20
06/06/20	SAT & Subject Tests	05/08/20	05/27/20
06/13/20	ACT	05/08/20	05/22/20
07/18/20	ACT	06/19/20	06/26/20

11. Fee Waivers

Fee waivers are available for financial aid students according to the standards set by The College Board and ACT.

Students who believe they may qualify for fee waivers should check with the College Counseling Office *before registering.*

13. Glossary of Standardized Testing Terms

ACT: ACT stands for American College Testing. An achievement-based test, the ACT is a popular and universally accepted alternative to the SAT. Because the ACT provides a different format, some students do better on this test. If a student does score higher on the ACT, the student can submit the ACT to the colleges instead of the SAT, Subject Tests, or both, depending on the specific test requirements of specific colleges. Administration of the test takes about four hours. Students should plan to take the essay section. All colleges accept the ACT.

AP: AP stands for Advanced Placement exams. These exams are not required for college admission but are often used for college credit or for placement in an advanced course by colleges. Colleges will look favorably on strong results if available, but students are not penalized if they have not taken AP exams. They are optional. Colleges are well aware that Milton is not an AP-driven school.

PSAT: Given in October of the Class II year, the PSAT is a practice test for the SAT. It is neither necessary nor advisable to study for the PSAT. Scores are used for National Merit Scholarship Qualification (referred to as NMSQT) and are for student and counselor use only; these scores are not sent to colleges.

SAT: The SAT consists of two sections - 1) evidence-based reading and writing and 2) math - and takes close to four hours to administer. Students should plan to take the essay section as well.

SAT Subject Tests: These are one-hour tests measuring achievement in more

than 20 subject areas such as languages, math, sciences, and history. Students choose which tests to take. Many selective colleges still require or strongly recommend two SAT Subject Tests in addition to the SAT (and, sometimes, the ACT). Check individual colleges' websites for their specific requirements.

Score Choice: This College Board feature gives students the freedom to send the scores (by test date for the SAT and by individual test for Subject Tests) that they feel best represent their ability to colleges and universities, at no additional cost.

This score-reporting feature is optional to students. If a student chooses not to use score choice, all scores will be sent. It is important to note the policy of each college.

TOEFL: TOEFL stands for Test of English as a Foreign Language. This test may be required for students for whom English is not a first language. Students should try to take this test over the summer in their home country.

06/01/19